

MANUKAU WEST SUPPORTING ACTIVITIES

What activities are there in Papatoetoe that are beginner level, affordable and FUN?

PLEASE NOTE: Some pricing may have changed since the printing of this list – please call the provider to confirm

UPDATED 21 January 2010

PAPATOETOE

Activity	Cost	Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimming/Aqua Walking	FREE	Papatoetoe Centennial Pool	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours
Cardio Room 3 month Membership 1 year Membership <u>MUST HAVE GYM INDUCTION</u>	Ask about the special rates for GRx clients Membership includes spa/sauna (GRx ID required)	Papatoetoe Centennial Pool	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours
Late night lap swimming	\$3 includes spa/sauna	Papatoetoe Centennial Pool	8 - 8.45pm		8 - 8.45pm	8 - 8.45pm			
Badminton	\$8 per court	Allan Brewster	10 - 12pm						
Walking Group	\$3	Allan Brewster	9.30 - 10.30am		9.30 - 10.30am		9.30 - 10.30am		
Papatoetoe Aqua cardio High Impact	GRx discount \$3 (GRx ID required)	Papatoetoe Centennial Pool	6:15 – 7:00pm		6:15 – 7:00pm				
Papatoetoe Aquacise Low Impact	GRx discount \$3 Not during school holidays (GRx ID required)	Papatoetoe Centennial Pool	12:00 – 1:00pm		12:00 – 1:00pm		12:00 - 1:00pm		
Never 2 Old (60+years)	\$4	Allan Brewster	10.30 - 11.30am		1 – 2pm		1 - 2pm		

Mixed Indoor Netball <i>Ring the centre, we may be able to find a team for you</i>	Team Fees apply	Allan Brewster		6 – 9pm					
Golden Oldies	\$3	Allan Brewster				1 - 3pm			
MEMBERSHIPS Monthly 3 Monthly 1 Year <u>YOU MUST HAVE A GYM INDUCTION</u>	No Joining Fee Ask about the special rates for GRx clients (GRx ID required)	Allan Brewster	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours	Public Hours
Ezy Exercise & Cardiac Club	\$4	Papatoetoe Town Hall				1.30 - 2.30pm			
Mixed Indoor Soccer Competition <i>Ring the centre, we may be able to find a team for you</i>	Team Fees apply	Allan Brewster					6.30 - 9.30pm		
Line Dancing, First hour for beginners, second hour more advanced	\$4 1st hour, \$5 stay for 2 nd hour.	Papatoetoe RSA					11 - 1pm		

Provider details:

PAPATOETOE

PCP – Papatoetoe Centennial Pools, Sutton Crescent, Papatoetoe

ABRC – Allan Brewster Recreation Centre, Tavern Lane, Papatoetoe

PRSA – Papatoetoe RSA, 22 Wallace Road, Old Papatoetoe

SJCC – St Johns Community Centre, 120 Great South Road, Hunters Corner

Papatoetoe Cardiac club, Papatoetoe Town Hall

Ph: 09 278 4167

Ph: 09 277 7222

Ph: 09 278 6372

A list of activities can be viewed on www.stjp.org.nz

Ph: 09 262 4453