

Mixed Social Basketball Competition <i>Ring the centre, we may be able to find a team for you</i>	Team Fees apply	Moana-nui-á-kiwa	6 - 9.15pm						
Aquarobics – LOW IMPACT with Raukura Hauora & Turuki Health	FREE	Moana-nui-á-kiwa	11 - 12pm		11 - 12pm				
Aerobics - LOW IMPACT with Bader Dr Health Care	FREE	Moana-nui-á-kiwa		10:30 – 11:30am		10:30 – 11:30am			
Tai Chi Mangere	FREE	Moana-nui-á-kiwa					12 – 1pm		
Unisex social indoor netball Competition <i>Ring the centre, we may be able to find a team for you</i>	Team Fees apply	Moana-nui-á-kiwa					6 - 9.15pm		
Social Volleyball Competition <i>Ring the centre, we may be able to find a team for you</i>	Team Fees apply	Moana-nui-á-kiwa				6 – 9pm			
Women’s Health & Fitness	FREE	Mangere East CLC		6 - 7pm					
Diabetes Projects Trust Gentle Exercise	FREE	Nga Tapuwae CH		9:15 – 10:15am		9:15 – 10:15am			
Mangere Bridge Walking Group	FREE	Mangere Bridge VS		9 – 10am		9 – 10am			
Tai Chi Mangere	FREE	Mangere East CLC		1 - 2pm		1 - 2pm	6pm		
Line Dancing with Turuki Health	FREE	Mangere Town Centre (arts centre)				11am – 12pm			
Salsa/Latin Dancing	\$5 per session	Mangere East CLC				7 - 8pm			

Provider details:

MANGERE

MNAK – Moana-nui-á-kiwa Leisure Centre, Cnr Mascot Ave & Waddon Place, Mangere

Ph: 09 275 8979

MCH – Mangere Community House, 141 Robertson Road, Mangere

Ph 09 275 4920

MBVS – Mangere Bride Village Square, Coronation Road

MECLC – Mangere East Community Learning Centre, 372 Massey Road

Ph: 09 275 6161

NTCH – Nga Tapuwae Community Hall, 253 Buckland Road, Mangere

Ph: 09 275 4470