

Cardio Room

Our poolside cardio room has modern equipment and a free-weights area. It is a great place to exercise and you'll enjoy a complementary spa or sauna after your workout.



Cardio Room Hours

Monday, Wednesday and Thursday: 6am-8.45pm
 Tuesday: 6am-7.45pm
 Friday: 6am-6.45pm
 Saturday, Sunday and public holidays: 9am-6.45pm

Cardio Room Fees

Casual visit: \$7
 Three month membership: \$142.50
 Six month membership: \$195
 Twelve month membership: \$277
 Ten week challenge (includes three month membership) \$220



Venue Hire

Our pool facilities are available for hire for community, school and private events. They are available for regular bookings or on a one-off basis. For more information visit our website or speak to our staff about the best space for your next event.

Permanent Group Bookings

Time	MON	TUE	WED	THU	FRI	SAT
5.30-7.30am	Papatoetoe Swim Club		Papatoetoe Swim Club		Papatoetoe Swim Club	Papatoetoe Swim Club (6.30-9am)
	Tri Club (6-7am)	Tri Club (6-7am)	Tri Club (6-7am)			
11am-12pm			Multiple Sclerosis			
6-8pm	Papatoetoe Swim Club	Papatoetoe Swim Club	Papatoetoe Swim Club	Papatoetoe Swim Club		

OTHER MANUKAU LEISURE CENTRES

Pakuranga Recreation and Youth Centre
 Cnr William Roberts and Reeves Road, Pakuranga
 Phone: 09 579 9739



Lloyd Elsmore Park Leisure Centre
 Sir Lloyd Drive, Pakuranga
 Phone: 09 535 5502



Howick Recreation Centre
 563 Pakuranga Road, Howick
 Phone: 09 534 5153



Marina Fitness
 L1 Compass Building
 Ara Tai Drive, Half Moon Bay
 Phone: 09 534 3590



Allan Brewster Recreation Centre
 Tavern Lane, Papatoetoe
 Phone: 09 262 5965



Moana-Nui-a-Kiwa Leisure Centre
 Corner Mascot Avenue and Waddon Place, Mangere
 Phone: 09 275 8979



Manurewa Aquatic Centre
 Sykes Road, Manurewa
 Phone: 09 269 0930



Manurewa Recreation Centre
 Frances Street, Manurewa
 Phone: 09 267 4646



Totara Park Pools
 Wairere Road, Manurewa
 Phone: 09 267 7497



Nathan Homestead Kauri Kids
 70 Hill Road, Manurewa
 Phone: 09 267 0180



Te Matariki Clendon Community Centre
 Palmers Road, Clendon
 Phone: 09 269 0500



Otara Leisure Centre
 Newbury Street, Otara
 Phone: 09 274 6917



Manukau On The Move
 Outdoor Recreation Team
 Phone: 09 274 6904



Pools



Childcare



Recreation



Fitness



PAPATOETOE CENTENNIAL POOLS

Sutton Crescent, Papatoetoe

Phone: 09 278 4167

Email: papatoetoe.pools@manukauleisure.co.nz

www.manukauleisure.co.nz



Manukau Leisure

Aquatics

Great indoor and outdoor family fun is offered at the Papatoetoe Centennial Pools. The indoor pool complex features a 25 metre pool for lane and leisure swimming, 15 metre purpose built pool for swimming lessons, and a toddlers' splash pool. When the summer heat comes, the 50 metre outdoor pool is a great place to cool down or swim some serious lengths. The outdoor pool is open from December through to March.



Prices (as at 1 October 2010)

Swimming pool entry	FREE
Spa	Adult \$3 per session Adult 10 pass \$27 Senior \$2.50 per session Senior 10 pass \$22.50
Sauna	Adult \$4.50 per session Adult 10 pass \$40.50 Senior \$4 per session Senior 10 pass \$36
Spa and Sauna	Adult \$5 per session Adult 10 pass \$45 Senior \$4.50 per session 10 pass \$40.50
Aquarobics	Adult \$6 per session Adult 10 pass \$54 Senior \$5 per session Senior 10 pass \$45
Seniors' Aquacise	\$3.50 per session 10 pass \$31.50
Evening lane swim	\$3 per session 10 pass \$27

Pool Temperatures

Main pool	28°
Teaching/toddlers pool	32°
Spa pool	38°
Outdoor pool	24°

Indoor Pool Hours

Monday-Friday:	6am-6.45pm
Weekends and public holidays:	9am-6.45pm

Outdoor Pool Hours

December-March:	6am-6.45pm
Weekends and public holidays:	9am-6.45pm
April-November:	Closed

Swim School

Swimsation is our resident swim school. They cater for all levels of swimmers from specialised babies programmes, to pre-schoolers, school-aged, squad swimmers, and adults. The Swimsation curriculum allows all swimmers to learn in a safe, comfortable environment under the supervision of professional friendly staff. For more information call Swimsation on 09 278 6806 or visit the Swimsation office next to the toddlers pool.



Facilities

- Hot showers are available in the changing rooms
- Goggles, caps, togs and other items can be purchased from reception
- Pay lockers and open storage lockers are available
- Spectator area
- Free off-street parking
- Family changing rooms are available

Accessibility

We welcomes everyone regardless of ability or disability. At Papatoetoe Centennial Pools disabled access is available into the teaching pool via wheelchair ramp. We have two water wheelchairs available for loan, and separate shower and toilet facilities.



Aquatic Timetable

	MON	TUE	WED	THU	FRI	SAT	SUN
12-1pm	Aquacise		Aquacise				
6.15-7.15pm	Aqua Cardio		Aqua Cardio				
8-9pm	Lane swimming (indoor pool)		Lane swimming (indoor pool)	Lane swimming (indoor pool)			

Please note: Children under 10 years of age must be actively supervised by a caregiver 16 years or over.